A Recipe for Life on Earth ... and elsewhere?

We know that life evolved on Earth. But did it also form on other planets, either in our Solar System or elsewhere? At the moment, we just don’t know. But we don’t have to let that ignorance stop us from speculating on some of the factors involved in the formation of life.

In the following discussion, I consider "life" to mean only life as we know it. There could very well be alien beings made of magnetic field loops or ionized hydrogen, but we couldn't really engage in any quantitative discussions about them.

Step 1: Find a planet

In recent years, astronomers have started to find quite a few planets around other stars, using several different techniques. The radial-velocity technique has been the most successful in the past few years. What fraction of the stars examined (*) by planet hunters turn out to have planets (**)?

![Planet Occurrence Depends on Iron in Stars](image-url)

Fischer & Valenti
So you might conclude that between one-tenth and one-fifth of all stars might have planets ...

The fine print:

- All the stars chosen for this study are similar to the Sun.
- None of the detected planets is similar to the Earth; they are all hundreds of times more massive.

Actually, there is one case in which we have detected planets with masses similar to the Earth orbiting around some other star. About a decade ago, as radio astronomer Alexander Wolszczan studied a pulsar, he noticed a peculiar periodic shift in the arrival times of its pulses.
• A planetary system around the millisecond pulsar PSR1257 + 12 Nature 355, 145 (1992)

He was able to make VERY accurate measurements of the pulse times, deriving the motion of the pulsar from the tiny deviations from the average interval between pulses.

These measurements were MUCH more precise than one could do with ordinary spectrographs and ordinary stars. Note the units of time on the graph below.
Step 1A: Find a GOOD planet

Planets of roughly Earth mass! Hooray! Or so one might think at first. But look closely at the system:
These planets are very close to a pulsar...

Q: What sort of star was originally at the center of this system, before it turned into a pulsar?

Q: How did it turn into a pulsar?

Hmmm. Maybe these aren't the best planets for life. Can we do any better?

Let's take a second look at what we know about planets orbiting other stars. Most are detected by their gravitational influence on their host star:
That means that all we really know is

1. mass of the planet
2. period of its orbit
3. radius of the orbit, which we can derive from the first two

We find that almost all these planets have masses much, much larger than the Earth. Is that important?

Yes, we think so. Take a look at the planets in our own solar system. They break up into three groups:
• the terrestrial planets are small, dense, rocky
• the gas giants are large and covered with very thick atmospheres
• snowballs like Pluto occupy the icy depths of the solar system

The only ones which we humans could easily inhabit are the terrestrial planets because they have solid surfaces and surface gravities which wouldn't break our spindly little legs.

• Check out Elvis’ weight on other planets

So, we know the MASS of planets around other stars --- but do we know anything about their SIZES? It turns out that in just a very few cases, we do. The transit
technique tells us how large a planet is, relative to its star. Since we have a decent guess at the size of most stars, we can figure out the size of the planet. The Extrasolar Planets Encyclopaedia currently (as of Nov 10, 2004) lists 6 planets with measured sizes:

<table>
<thead>
<tr>
<th>name</th>
<th>mass (Jupiters)</th>
<th>radius (Jupiters)</th>
</tr>
</thead>
<tbody>
<tr>
<td>OGLE-TR-56 b</td>
<td>1.45</td>
<td>1.23</td>
</tr>
<tr>
<td>OGLE-TR-113 b</td>
<td>1.35</td>
<td>1.08</td>
</tr>
<tr>
<td>OGLE-TR-132 b</td>
<td>1.19</td>
<td>1.13</td>
</tr>
<tr>
<td>TrES-1</td>
<td>0.75</td>
<td>1.08</td>
</tr>
<tr>
<td>HD 209458 b</td>
<td>0.69</td>
<td>1.43</td>
</tr>
<tr>
<td>OGLE-TR-111 b</td>
<td>0.53</td>
<td>1.0</td>
</tr>
</tbody>
</table>

So all these planets have roughly the mass of Jupiter, and roughly the size of Jupiter. That combination yields a surface gravity of about 2.5 times the Earth's: in other words, if you were standing on one of these planets (or on an airship floating in the atmosphere of one), you would weigh about 2.5 times what you weigh here on Earth. That's not good news for us humans, but it probably wouldn't bother some creature which had evolved there.

**Step 2: Set oven to a temperature of about 300 Kelvin**

Here on Earth, liquid water is necessary for life to thrive. Therefore, if we are looking for Earth-like organisms, we need to discard any planets which are too hot or too cold for liquid water.

The temperature of a planet depends largely on two factors:

- the luminosity of its star
- the radius of its orbit
In real life, there are complications -- the effects of albedo, radiation transfer through the atmosphere, internal generation of energy -- but to a very rough approximation, we can calculate the temperature of a planet in the following way:

\[
\text{Temp of planet} = \left[ \frac{L}{16 \pi s R^2} \right]^{1/4}
\]

where

- \( L \) = luminosity of the star (Watts)
- \( s \) = Stefan–Boltzmann constant
  \[ = 5.67 \times 10^{-8} \]
- \( R \) = radius of planet's orbit (meters)

Does this really work? If we plug in the values for the Sun and the Earth's orbit, we find a temperature of 278 Kelvin = 5 degrees C = 41 degrees F. That's roughly right. Earth's actual temperature is a bit warmer because our atmosphere traps some of the heat which would be radiated away into space.

Okay, so what about all those other planets discovered around other stars? Recall that a lot of them are pretty close to their stars...
That means that they will be pretty hot. Consider, for example, the very first planet to be discovered by radial-velocity measurements back in 1995, the one which orbits star 51 Peg:

According to the California & Carnegie Planet Search, this system has

- stellar luminosity \( L = 4.7 \times 10^{26} \) Watts
- planet's orbital radius \( R = 0.05 \) AU

Q: Estimate the temperature of the planet circling 51 Peg.
Step 3: Gather the right ingredients

What are the ingredients needed to make a human?

lots of

• water = hydrogen + oxygen
• carbon

plus a bit of

• calcium
• sodium
• chlorine
• iron
• phosphorus
• and other things ...

Here, for example, is the list of ingredients in one particular multivitamin pill.
Each tablet contains: %EC ADULT RDA
(average values)

<table>
<thead>
<tr>
<th>Vitamin A (total)</th>
<th>800 μg</th>
<th>100</th>
</tr>
</thead>
<tbody>
<tr>
<td>of which Beta Carotene</td>
<td>1200 μg</td>
<td>.</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>5 μg</td>
<td>100</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>10 mg</td>
<td>100</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>60 mg</td>
<td>100</td>
</tr>
<tr>
<td>Thiamin (Vitamin B1)</td>
<td>1.4 mg</td>
<td>100</td>
</tr>
<tr>
<td>Riboflavin (Vitamin B2)</td>
<td>1.6 mg</td>
<td>100</td>
</tr>
<tr>
<td>Niacin</td>
<td>18 mg</td>
<td>100</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>2 mg</td>
<td>100</td>
</tr>
<tr>
<td>Folic Acid (Folic Acid)</td>
<td>200 μg</td>
<td>100</td>
</tr>
<tr>
<td>Vitamin B12</td>
<td>1 μg</td>
<td>100</td>
</tr>
<tr>
<td>Biotin</td>
<td>0.15 mg</td>
<td>100</td>
</tr>
<tr>
<td>Pantothenic Acid</td>
<td>6 mg</td>
<td>100</td>
</tr>
<tr>
<td>Vitamin K</td>
<td>30 μg</td>
<td>.</td>
</tr>
<tr>
<td>Calcium</td>
<td>162 mg</td>
<td>20</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>125 mg</td>
<td>16</td>
</tr>
<tr>
<td>Iron</td>
<td>14 mg</td>
<td>100</td>
</tr>
<tr>
<td>Magnesium</td>
<td>100 mg</td>
<td>33</td>
</tr>
<tr>
<td>Zinc</td>
<td>15 mg</td>
<td>100</td>
</tr>
<tr>
<td>Iodine</td>
<td>150 μg</td>
<td>100</td>
</tr>
<tr>
<td>Copper</td>
<td>2 mg</td>
<td>.</td>
</tr>
<tr>
<td>Manganese</td>
<td>2.5 mg</td>
<td>.</td>
</tr>
<tr>
<td>Potassium</td>
<td>40 mg</td>
<td>.</td>
</tr>
<tr>
<td>Chloride</td>
<td>36 mg</td>
<td>.</td>
</tr>
<tr>
<td>Boron</td>
<td>70 μg</td>
<td>.</td>
</tr>
<tr>
<td>Silicon</td>
<td>2 μg</td>
<td>.</td>
</tr>
<tr>
<td>Chromium</td>
<td>25 μg</td>
<td>.</td>
</tr>
<tr>
<td>Molybdenum</td>
<td>25 μg</td>
<td>.</td>
</tr>
<tr>
<td>Selenium</td>
<td>25 μg</td>
<td>.</td>
</tr>
<tr>
<td>Nickel</td>
<td>5 μg</td>
<td>.</td>
</tr>
<tr>
<td>Tin</td>
<td>10 μg</td>
<td>.</td>
</tr>
<tr>
<td>Vanadium</td>
<td>10 μg</td>
<td>.</td>
</tr>
</tbody>
</table>

Fortunately, most of these are pretty common, as elements go in the universe:

<table>
<thead>
<tr>
<th>Element</th>
<th>Symbol</th>
<th>Atomic Number</th>
<th>Number of Atoms per million of hydrogen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hydrogen</td>
<td>H</td>
<td>1</td>
<td>1,000,000</td>
</tr>
<tr>
<td>Helium</td>
<td>He</td>
<td>2</td>
<td>68,000</td>
</tr>
</tbody>
</table>
Step 4: Stir gently

Of course, it's not just the amount of each element which is important; it must also have the appropriate chemical form. Our bodies contain complicated organic molecules, consisting of tens or hundreds or thousands of atoms all joined together in very particular ways. That isn't very likely .... or is it?

In 1953, Stanley Miller and Harold Urey, at the University of Chicago, performed a simple experiment to see what would happen to simple chemicals in the atmosphere of the early Earth. They combined in a beaker gases which they believed to make up the bulk of the young Earth's atmosphere

- methane (C–H4)
- ammonia (C–N3)
- hydrogen (H2)
- water (H2–O)

and cycled the materials repeatedly through an electric spark. After one week, a significant fraction of the carbon had turned into organic compounds; several percent had created amino acids.

More recent research indicates that the early atmosphere of the Earth may not have contained exactly this combination of gases. However, the Earth is a heck of a lot bigger than a beaker, and it also cooked its ingredients for a lot longer than a single
It does seem likely that simple molecules do turn into more complicated ones if given enough time and a bit of energy.

The real proof is in the pudding: when astronomers look carefully, they find complex molecules in several forms out in space.

- Radio astronomers have detected emission lines coming from giant clouds of interstellar gas, due to molecules such as vinyl alcohol.

\[
\text{GLYCOLALDEHYDE} \\
\text{C}_2\text{H}_4\text{O}_2 \\
\begin{array}{c}
\text{H} \\
\text{C} \\
\text{O} \\
\text{CH}_2\text{OH}
\end{array}
\]

- Geologists have identified many amino acids in a certain type of meteorite:

  ... *The amino acids of the Murchison meteorite (CM2) have been extensively analyzed and 52 amino acids have been positively identified. Thirty three of these amino acids are unknown in natural materials other than carbonaceous chondrites. Thus the Murchison meteorite has recently been the major source of new naturally-occurring amino acids.*

... 

**Step 5: Allow to bake for ....**

Okay, so you find a planet which is
at the proper distance from its star
big enough to hold an atmosphere
stocked with all the necessary chemical ingredients

How long will it take for this "soup" to give rise to some sort of life?

Let's look at the example of the Earth. The planet formed roughly 4.6 billion years ago. Although the fossil record isn't a perfect record, and grows more and more fragmentary the further back one looks, we have some notion of the evolution of life on the planet. Suppose that we compress the entire history of the Earth into a single calendar year ...

- Calendar history of the Earth

So, on the Earth, it took over one billion years for life to form and reach the point that it left recognizable fossils. There was then a very long period when, as far as we can tell, not much happened: the only living things were simple single-celled organisms, similar to bacteria. Roughly another THREE BILLION YEARS passed before we detect the remains of creatures as complex as a jellyfish. That's a long time with -- from our anthropocentric point of view -- not much to show for it.

It's so long a time, in fact, that it exceeds the lifetime of many stars. Remember that massive stars run through their fuel rapidly: to a rough approximation,

\[
\begin{align*}
\text{lifetime} & = \frac{-2.5}{\text{mass}} \\
\text{solar lifetime} & = \frac{-2.5}{\text{solar mass}}
\end{align*}
\]

Q: The Sun will fuse hydrogen for about 10 billion years. How long will a star of 1.5 solar masses last? A star of 2 solar masses? A star of 3 solar masses?
This adds another requirement to the recipe for (complex) life to evolve: it must exist on a planet orbiting a relatively low-mass star. Fortunately, most stars in our Milky Way Galaxy are less massive than the Sun, so this may not disqualify too many systems.

**Step 6: Let sit for several eons**

Gee, there are a lot of factors which go into the formation of life. And we haven't even started to worry about additional factors which are important for confirming our guesses. Since we can't (yet) go off and have a look at planets around other stars, the only ways we could detect life on other planets are

a. to meet aliens who have travelled here to Earth (yeah, right ...)
b. to overhear radio transmissions from other civilizations

The second option is worth trying ... but it places some additional constraints on our calculations:

- the life must evolve to reach some intelligent stage
- the civilization must create radio transmissions
- the transmissions must continue for a long time

In the nineteen-sixties, radio astronomer Frank Drake tried to combine all the factors into a single equation which would calculate the number of alien civilizations in our galaxy with which we could communicate. Here's the version of his famous Drake Equation you can find in your textbook (there are many variations):

\[
N = N^* \times f_p \times n_{lz} \times f_l \times f_i \times f_S
\]

where

- \(N^*\) = number of stars in the Milky Way Galaxy
- \(f_p\) = fraction of stars with planets
- \(n_{lz}\) = number of planets per star which lie in the "life zone"
  for a long time
fl = fraction of suitable planets upon which life evolves

fi = fraction of life which become intelligent

fS = fraction of star's life for which intelligent life continues

N = number of communicative civilizations in our galaxy

We have some reasonable order-of-magnitude estimates for the first three parameters in this equation, but nothing better than wild-eyed guesses for the final three values. That means, unfortunately, that what you get out of this equation is really what you choose to put into it ...

- Step right up and plug in your own guesses in the Interactive Drake Equation
- Another interactive Drake calculator